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Lent: Obligation or Opportunity?



Traditionally, we often have regarded Lent as a season of obligation—a duty to give up something to show how serious we are about our commitment to Jesus. But Lent can just as easily be seen as an opportunity—a chance to demonstrate our belief in the way of life Jesus teaches us. One opportunity before us is to support the Pittstown Area Food Pantry. How about keeping the needs of others in mind when grocery shopping? Here are the most requested items:

Canned vegetables and fruit
Canned soup
Canned meat (Spam type)
Canned or jarred pasta sauce
Canned meals; e.g., stew,
Spaghetti-O's
Canned tuna
Dried pasta
Juices - fruit, V-8, tomato
Prepared cereal
Baby food

Peanut butter
Jellies, jams, preserves
Granola bars
Crackers
Cranberry sauce
Applesauce
Macaroni and cheese dinners
Toilet tissue
Soap, toothpaste, shampoo
Pampers or equivalent

